

# Awaken Retreat

For Holy Family Parish Teens

April 27-29, 2012

## What is Awaken?

Awaken is a two night Catholic retreat for teens in high school. Awaken aims to have the teens walk somewhat in the shoes of the homeless and hungry. The teens will be a little bit tired, a little bit hungry and a little bit cold as they investigate social issues that face everyday Americans.

## What Will It Be Like?

Awaken begins when we meet at the Palatine train station on Friday afternoon and concludes when we return by train around 2pm on Sunday. Awaken includes social justice ministry, a hunger meal and an African American gospel mass. It requires some physical activity and plenty of walking. Teens stay at Brother David Darst Center for Justice and Peace, Spirituality and Education (312 225-3099) with adult chaperones. The retreat center is at 2834 S. Normal Avenue, Chicago IL 60616. We will travel by foot, Metra, El train and CTA bus in order to get to the retreat center and back to Holy Family.

## What is the Cost?

The full cost for the retreat is \$150. We ask that you please pay what you are able to and that cost should not be a prohibitive factor in attending Awaken. Once registration and payment have been made, it is non-refundable as Holy Family is charged for the booking.

The teens will use public transport to get to the retreat center and back; so will need money to cover that. This will be approximately \$25. A small amount of money to cover lunch on Sunday will be needed also.

## How Do I Sign Up?

**Complete the attached permission form and return it to the Youth Ministries Office ASAP.**

There are a limited number of spaces. Those who sign up will receive more detailed information, as we get closer to the retreat date.

## What Do I Bring?

- **Please wear comfortable, warm clothing, as we will be outdoors a great deal of time. Changes of underwear are the only clothing needed. All items must be stored in one small backpack that we will carry at all times. We will sleep in our clothes and wear the same clothes for the weekend. No food is to be brought from home or purchased while on retreat.**
- **Money to cover public transport and lunch on Sunday**
- **1 bottle of water. When that empties, we will need to refill it at public fountains or bathrooms.**
- **Toiletries (soap, shampoo, deodorant, etc.) Towels are provided.**

## School Rules Apply

**ALL SCHOOL RULES APPLY WHILE ON THE RETREAT (i.e. smoking, drugs, alcohol, etc.)  
ANY VIOLATIONS WILL RESULT IN PARENTS BEING CALLED TO PICK UP STUDENT  
IMMEDIATELY (IRRESPECTIVE OF THE TIME)**

**IF YOU HAVE ANY QUESTIONS, PLEASE CALL Denise Logan AT (847) 907 3431 and we will give you cell numbers of the chaperones while on the retreat.**

