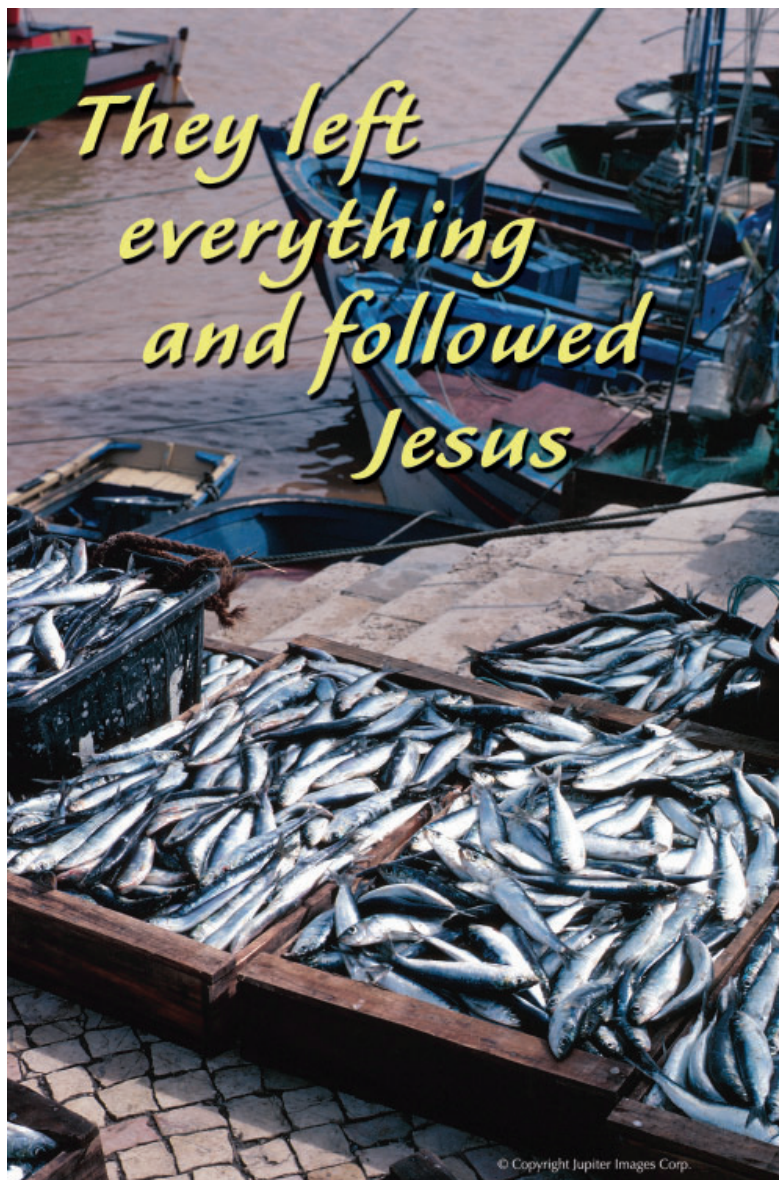




HOLY FAMILY
CATHOLIC COMMUNITY
inviting all to new life in Christ



About Us

Holy Family

Catholic Community

2515 Palatine Rd.
Inverness, IL 60067
847-359-0042 (ph)
847-359-0639 (fax)
holyfamilyparish.org
Fr. Terry Keehan

Pastor

Fr. Richard Jakubik

Associate Pastor

Dennis Brown

Permanent Deacon

Fr. Medard Laz

Pastor Emeritus

Vision Statement

Holy Family Catholic Community invites all to new life in Christ. Our response to God's call is evident through full, conscious and active participation in our community.

Mission Statement

To engage all in the sacramental life through vibrant worship, life-long learning and passionate community.

Core Values

Animated by our faith in God to evangelize, we live the following core values:

- Integrity
- Excellence
- Unity
- Service
- Justice

Welcome to Holy Family

Holy Family Catholic community invites all to new life in Christ. Are you new to Holy Family? Are you considering becoming a registered parishioner? We welcome you to become engaged in carrying out our mission. New members are registered on the 2nd and 4th Sundays of every month (excluding holidays) immediately following the 9:00 A.M. Mass. Welcome Ministers will be available at the Welcome Desk to walk you through the short registration process. Saint Paul says, "We are the Body of Christ." We look forward to experiencing that reality with you. Fr. Terry Keehan, Pastor

Schedule

Masses

Weekdays:

Monday-Friday	9:00 a.m.
Monday & Wednesday	7:00 p.m.
First Friday of the month	9:00 a.m.
(with Anointing of the Sick)	
First Saturday of the month	9:00 a.m.

Saturday 5:00 p.m.

Sunday 7:30 a.m.; 9:00 a.m. (interpreted for the hearing impaired); 11:00 a.m.; 4:00 p.m.

Kid Church - 2nd and 4th Sunday of the month at 10:15 in the chapel.

Holy Days Varies; watch bulletin

Assisted Listening Devices available in the Liturgical Arts Office for use at Masses.

Eucharistic Adoration

Everyday 6:00 a.m. to Midnight

Reconciliation (Available upon request)

Communal Reconciliation with individual absolution
First Saturday of the month at 4:00 p.m. (in chapel)
Individual Reconciliation (in Reconciliation Room)
Wednesdays from 6:00 p.m.-6:45 p.m.

Anointing of the Sick

Please know that recent hospital privacy laws have significantly limited our knowledge of parishioners who are hospitalized. If you have a loved one who is ill, please contact contact Mimi Ferlita in our Pastoral Care office at 847-907-3425 to request the Anointing of the Sick. The ideal time for anointing is when family is present and not necessarily in the final hours of life. Monthly Anointing of the Sick takes place on the First Friday of the month at 9:00 a.m. Mass.

Sacramental / Formation Ministers

Fr. Charles Bolser	Fr. George Kane
Friar Johnpaul Cafiero	Fr. Paul Sims, CR
Fr. Denis Carneiro	Fr. Bill Zavaski

Pastoral Council

e-mail: council@holyfamilyparish.org

Mike Myers	Chair
Chad Archer	(Deanery Rep)
Fr. Terry Keehan	Pastor (Staff)
Bill Leece	Adult Faith
Pete Barber	At Large (Pastor)
Luis Gutierrez	At Large (Pastor)
Barb Knuth	At Large (Council)
Andrew Konopka	At Large (Council)
Rick Zanardo	Family Faith
Laura Clark	Holy Family Academy Staff
Mike Pazur	Academy Parents Rep
Greg Flanagan	Knights of Columbus
Sue Geegan	Staff
Joan Sloan	Teen Faith (Adult Rep)
Anthony Piasecki	Teen Faith (Teen Rep)
Kasia Meler	Teen Faith (Teen Rep)
Bob Keller	Liturgical Life

Council meets the 3rd Tuesday of the month at 7:00 p.m. All are invited to attend and listen to the items on the published agenda. If you or your group have an item for discussion, it needs to be submitted in writing to the council chair one week prior to the scheduled meeting.

Finance Council

The Finance Council of Holy Family meets quarterly and its current members are:

Tim French	Elia Ponce-Tokarz
Randy Olech	Jim Vande Logt
Ron Sobon	Chet Zara - Chair

Follow Us on Social Media



<https://www.facebook.com/holyfamilyinverness>



<https://twitter.com/HolyFamilyCCI>



<https://www.pinterest.com/holyfamilyCCI/>

Now if this was an average ancient fishing boat...

In this week's gospel, Jesus, the son of a carpenter, is telling a fisherman how to fish! Jesus is telling Peter (who had not slept all night, who spent the entire night sorting through empty nets not catching a single fish, who then had to beach the boat, load what seemed to be a thousand pounds of wet nets on to the shore to clean them with his own hands and then dry them) to throw out a net again, and in the daytime! Peter could very well have said, "Stick to building furniture, Jesus, and leave the fishing to us experts!"

Have you ever thought to yourself, "**Jesus, I look to you for spiritual matters, but the practical stuff of my life, the stuff I know about, stay out of it!**" However, our finances, choices of a life partner, marriage, internet habits, entertainment preferences, studies, work, etc. are a part of our relationship with Jesus. Peter's obedience nears the impossible. I like to obey when the circumstances are right. Actually, even then, I don't always obey! If everything is going well, I'll obey you Lord. If I feel encouraged and if my heart feels like praying, then I'll pray.

One of the great qualities of fishermen is their perseverance. Do you think perhaps this is one of the reasons why seven out of the twelve disciples were fishermen? If I had fished all night and caught nothing, I would probably be *selling* my nets, not washing them to get ready to go out again! But true fishermen don't quit. Blessed be those who come up empty at times in life and in ministry, but still go at it again! Peter will be learning this for the rest of his life, but his spirit is definitely downtrodden in this moment.

Jesus asked Peter to put the boat out a little way from shore and preached from there because his voice would carry across the water to the crowd. It would be the equivalent of an excellent acoustically serviceable amphitheater today. So, Jesus sits down, a typical posture of a rabbi, at the bow, with Peter and possibly two or three others, and begins teaching people.

Notice no hesitation from Peter as he oars out a short distance and drops his anchor. He is ready and willing to do whatever the Master asks from him. You want to use my boat Jesus? Here it is. You want me to push it out a little bit? There you go. Key words there: *a little*. **Jesus turned Peter's ordinary boat into a pulpit and used it to throw**

the net of the gospel over its hearers. Peter was available in the little.

Let us never let our circumstances and our experiences of the past dictate our obedience today. Lord, help me to obey you when I feel like it, and especially when I don't. Help me to obey you when I am appreciated, and when I'm not. Help me to obey you when I am tired, and when I am full of vitality. Help me to obey you when there is money in the bank, or not. Help me to obey you whether I like my job, or not. Help me to obey you, even if my friends or my family do not. Help me to obey when people are watching, or if they are not. And even in the most impossible of situations, where I can choose to walk away from you and am always certain there is no point to keep going, teach me to stay with you and trust you, believing that greater things are still to come in my life. The Lord is calling us away from the shore of contentment where there are no risks and no rewards. He is calling us to deeper waters. When he calls us, let us be quick to our oars, swift to our boats and fast with our nets.

With this gospel, Peter's career as a fisherman is now over. He will leave behind the fishing business and the steady income assets and a future to follow Christ. Here we have a call from Jesus today; the call is for a deeper surrender. The Lord wants to take each of us to the end of ourselves and our own strength and bring us into the depths of his dominion and net-breaking power! Let's stop hugging the shore and doing what is easy and comfortable. Let's be quick to serve and obey Jesus, knowing He is laboring with us on the boat! Like Peter, let us hear when Jesus speaks, labor when He commands, believe what He promises and follow where He calls. He is looking for those who will be available in the little, obedient in the impossible and when the miraculous comes, those who will fall on their faces in humility and unworthiness before a Savior who will then take them into places they never even dreamed of!

This weekend we welcome Professor Ahmad Sadri, Ph.D. of Lake Forest College to our 9:00 and 11:00am Masses where he will give a reflection on his personal immigration story. Professor Sadri presented at Holy Family last fall and many reviewers asked us to have him return. Please give him a warm welcome as he joins us again to share his story.

Gene Garcia
Director of
Liturgical Arts
847-907-3434
ggarcia@
holyfamilyparish.org

Deacon
Dennis Brown
Pastoral Associate
847-907-3440
dbrown@
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The Liturgical Arts
Community...
creates a vibrant prayer
and worship experience
so that all may
participate in a fully
conscious and active
way in the liturgy. This
includes different
forms of prayer and
worship experiences,
for all attending Holy
Family.

Take a Lenten Small Christian Community Test Drive!!



Please join Deacon Dennis Brown, Cari and Pete Pappas for a rewarding 6-week Lenten SCC journey! We will be meeting for 6 straight Tuesdays beginning March 5 and concluding April 9. Come to as many as you can.

To enhance your Lenten Journey contact Pete:
by email at pmpbears@comcast.net or call him at: 815-670-3734

Eucharistic Minister Training

The moment of communion, when one member of the Body of Christ shares the Body of Christ (or the Blood of Christ) with another member of the Body of Christ, is an intimate, grace-filled moment of Divine Oneness.



If you feel that the Lord is calling you to participate in this sacred ministry, we are offering Eucharistic Ministry training on **Tuesday, February 26, 7:00-9:00 PM**, in the church.

Please contact Judy Petrie at jpetrie@holyfamilyparish.org to register.

KID CHURCH COMES TO BIG CHURCH!



On Sunday, February 17, at the 4:00pm Mass, our Kid Church community will host a special Mass in the Main Church. This mass will combine certain favorite aspects of Kid Church (including a brief homily for young children, child-friendly music and a quick pace) with a traditional Holy Family Mass. Parents and children from the Kid Church community will serve in a variety of ministerial roles for this mass. Everyone is invited to attend, especially families with young children [and any other parishioner that enjoys the smile of a young child].

Liturgical Arts

Mass Intentions

Monday, February 11

9:00AM Ludwik Komperda (Family)
9:00AM Miriam (Family)
9:00AM Aaron Joseph (Family)
7:00PM Bobbi McCaffrey (Pete & Bev Wickman)

Tuesday, February 12

9:00AM William Rozalewicz
(Barbara Balik Family)
9:00AM Christy Joseph (Family)
9:00AM Beena Joseph (Family)

Wednesday, February 13

9:00AM St. Anthony (Geisler Family)
9:00AM Marie Jarmolinski (Academy)
9:00AM Jeeno Joseph (Family)

Thursday, February 14

9:00AM Rita Neff (Daughters)
9:00AM Concepcion Bautista (Family)
9:00AM Tony & Irene Capalbo (Family)
9:00AM Dean & Kay Zengler (Carrie Crall)

Friday, February 15

9:00AM Magdalene Sperka (Family)
9:00AM Regina Kaczmarczyk (Family)

Saturday, February 16

5:00PM Dr. Daniel Nwankwo (Family)
5:00PM Vance Nwankwo (Family)
5:00PM Thomas Potema II (Family)
5:00PM Robert Clark (Frank Sevilla)

Sunday, February 17

7:30AM Matilda Madia (Dottie Rachal)
7:30AM Bernhard Waltenspiel (Family)
7:30AM Rick Zito (Frank & Marianne Zito)

9:00AM Helen Korczak (Family)
9:00AM Peter & Lee Sesko (Sesko Family)
9:00AM Larry Quartaroli (Pat & Roy Balduf)

11:00AM Lucy Iacopetti (Jim & Angela Lapacek)
11:00AM Genny Smith (Mike Smith)
11:00AM John Krippinger (Neri Family)

4:00PM Urszula Zaremska (Barbara Meler)

**Mass intentions are available
by contacting the Parish Office**

Eternal Rest Grant Unto Them...

+ Lorraine Doroba
+ Barbara Ann Finn-May
+ Kelli Rooney
+ Leo Tabert
+ Lisa Hoffeller-Torres

*"I am the resurrection and the life. Those who believe in me,
even though they die, will live, and everyone who lives and
believes in me will never die.": John 11: 25*

In a Special Way We Remember Those Who Are Ill...

Bill Bryant	Carol Ann Parlow
Nikki Carso	Mary Lou Parlow
Mark Dahlem	Patty Ann Parlow
Marvin Gino	Stanley R. Parlow
Bernice Kathrein	Evelyn Ponezkowski
Ron Lencioni	Ed & Mary Tazelaar
Louise McCants	Sandra Tenbrink
Walter McNeely	Denise Cafiero Vitale

Wedding Banns

Jill Keller & Doug Junius - I

We Pray for Family Members in Service of Our Country

Lt. Colonel David J. Benjamin III (*Army*), Capt. Sean P. Benjamin (*Army*)
Lt. Anne Louise Graft (*Air Force*), Lt. Michael J. Graft III (*Air Force*)
Captain Peter Keiser (*Army*), Ensign Patrick J. Kennelly (*Navy*)
2nd Lt. Madeline Lopez (*Army*), Major Brian Malloy (*Army*)
Lt. Colonel Jade Patrick Miller (*Army*), Lt. Joshua Michael Peck (*Army*)
SPC James Purvin (*Army*), PFC Jacob Riedl (*Army*)
Pvt. Theodore Rogers (*Army*), Airman Zachary L. Schirmer (*Navy*)
Maj. Elizabeth Greenstein Simmons (*Army*), Maj. Joshua Simmons (*Army*)
Capt. Nick Lewis-Walls (*Army*)

Weekly Readings

Monday, February 11

Genesis 1:1-19
Mark 6:53-56

Tuesday, February 12

Genesis 1:20—2:4a
Mark 7:1-13

Wednesday, February 13

Genesis 2:4b-9, 15-17
Mark 7:14-23

Thursday, February 14

Genesis 2:18-25
Mark 6:7-13

Friday, February 15

Genesis 3:1-8
Mark 7:31-37

Saturday, February 16

Genesis 3:9-24
Mark 8:1-10

Sunday, February 17

Jeremiah 17:5-8
1 Corinthians 15:12, 16-20
Luke 6:17, 20-26

Parish Support & Services

SUNDAY ATTENDANCE & COLLECTIONS

Ro Geisler
Parish Manager
847-907-3424
rgeisler
@holymfamilyparish.org

The Parish Support
& Services
Community...
oversees the parish
business and
infrastructure activities
to ensure they operate
efficiently.

	<u>ATTENDANCE</u>	<u>COLLECTIONS</u>
Jan 13	1,820	\$ 39,415 *
Jan 20	1,852	\$ 37,257 *
Jan 27	2,263	\$ 24,914
Feb 3	1,886	\$ 37,101 *
Total	7,821	\$ 138,687
Year to Date Sunday Collections		\$ 1,249,962
Year to Date Catch-up Collections		\$ 82,906
Total of Sunday and Catch-up Collections		\$ 1,332,868
Year to Date Budget Sunday Collections		\$ 1,256,967
Christmas Collections through 01/08/19	6,561	\$ 208,972
Year to Date Christmas Budget		\$ 295,000

* Includes electronic giving



15" Cross of New Life

Beautiful 15" model of the
Cross of New Life.

Cost: \$199

Call 847-359-0042 or
stop by the Parish Office.

Consider giving one to a loved one /
friend as the perfect gift!

Fr. Rich Jakubik
Director
847-907-3477
rjakubik@
holyfamilyparish.org

The Pastoral Care
Community...
provides, through
our ministries,
compassionate
pastoral care with
support and guidance
for those who suffer in
mind, body and spirit.

**Save the date:
Life Line Screening and
opportunity for Health
Screening
March 29, 2019**

**Save the date: KOC Council 11981
Blood Drive
Sunday, March 10, 2019 - 8:00am – 1:00pm**

Your blood donation will help save a life. Please consider donating on March 10. Be prepared to donate by bringing your ID (must be 18 years of age or if under 16-17 signed parental consent), eat before arriving and stay hydrated. To schedule your appointment please call Vitalant at 877-258-4825 or go to vitalant.org and use group cd877-543-3768 or login www.lifesource.org.

Rising from Divorce

We are a peer support group for those experiencing or affected by *Divorce, Separation or a Challenging Relationship*. Come join us on **Monday, Feb. 18 from 7:00 - 9:00 PM** in Breakout 1 meeting room.

“Catholic Divorce!” Yes, sad news, but Catholics *do* civilly divorce!. We’re here to help, and to encourage healing through the sacraments where you will personally encounter Christ—with all His love and tender mercies. That is *REALLY good news*. **“Come to me, all you who labor and are overburdened, and I will give you rest.”** *Matthew 11:28*

Walk-ins welcome. For more information contact Kathy Kvitek at kathykv2@gmail.com

You are invited to engage by partnering in Pastoral Care through any one of our Compassion Ministries. Offer your Gift of Compassion to Others.

All ministry hours can be custom linked to your availability...Training provided, no experience necessary.

- **Bereavement Team:** we guide families who want to plan a Funeral Mass or Memorial Mass for a loved one.
- **Funeral Ministry Team:** Set up for Funeral Mass or Service in the church or chapel.
- **Funeral Luncheon Team:** provides food set up and table hospitality upon luncheon requests.
- **Minister of Care to Hospital:** Visits St Alexius patients bringing Communion
- **Minister of Care to Homebound:** visits homebound clients who request Communion.
- **Minister of Care Nursing homes:** provides Communion service and brings Communion to residents.

Training is provided for all ministries. To qualify you must have a compassionate heart and enjoy doing for others. Call Mimi Ferlita for more information 847-907-3425 or mferlita@holyfamilyparish.org.

Al-Anon

Meetings are for friends and families of alcoholics who will find support and understanding. Come join us each Saturday morning 9:30-11:30am Lower Level #3. For more information please call Cathie 855-383-2224.

LOSS (Survivors of Suicide) Support Group

You are welcome to join us on **Feb. 20, 2019 at 7:00pm** to be with others who share your loss. This gathering is facilitated by Catholic Charities on the 3rd Wednesday of each month and hosted by Holy Family. For more information, please call Emily at 312-655-7283.

“Joyful Again” Widowed Retreat

Retreat/workshop for widowed men & women.

March 9 & 10 at Mt. Assisi Center in Lemont, IL

March 30 & 31 at Holy Family Med. Center in DesPlaines.

Are you widowed and feeling stuck? Come and find ways to move toward inner peace and new hope in life. Contact information: 708-354-7211: joyfulagain7211@gmail.com; www.joyfulagain.org

To Be Joyful Again Ministry

“To Be Joyful Again” is a non denominational support group for widows, widowers, or anyone else who has lost a significant other. Please join us on **Feb. 21** (first and third Thursday of each month) at 7:00pm. Lower Level room083. **Feb. 10, 2019** - Game afternoon from 12:00pm to 4:00pm in the Common Ground room. For more information, please call Pat Bongiorno at 847-985-4624 or Bob Boho at 847-438-2884.

Mental Health Support

A support group for families and friends of people with mental health issues. Next meeting will be on **March 6 from 7-8:30pm** at Holy Family (meets 1st Wednesday of each month). Ministry leaders Dan and Trudy Mickey can be reached at 847-991-6255 for more information.

US Too Prostate Cancer Support Group

For men and couples who are dealing with prostate cancer, join us on **February 26** for support, resources and information (every 4th Tuesday of the month) from 5:30 – 7:00 pm

Attention Young Adults!

The Young Adult Ministry--Northwest (YAM-NW) is a regional Young Adult Ministry, a part of the Vicariate 1 DEF Ministry Commission, serving the 30 parishes in Vicariate 1, Deaneries DEF, specifically young adults in their 20s and 30s. We offer spiritual, social, and service events for young adults throughout the year to engage young adults in their parishes and with each other across the northwest suburbs.

Mary Whiteside
Director
847-907-3450
mwhiteside
@holymfamilyparish.org

The Adult Faith Community...

supports the mission of lifelong learning by providing educational, spiritual, and formational activities for the parish and the community.

One of our biggest events we host yearly is our Winter Wine Series. Similar to the popular summer series Theology on Tap, we hold these speaker sessions as a way to help young adults (20s-30s) grow in faith and also meet other young adult Catholics in the area.

For more information visit www.facebook.com/groups/yamnwc or <https://vic1chicago.org/speaker-sessions>

Schedule for the Young Adult Winter Wine Series:

Wednesday, February 13, 2019, 7:00-9:00 pm –

“Called to Serve: The Young Adult Field Medic” with Mr. Bryan Fong.

Location: St. Julian Eymard, 601 Blesterfield Road, Elk Grove Village

Wednesday, February 20, 2019, 7:00-9:00 pm –

“Bread of the Presence and Wine Poured Out: Sacrificial Foundations of the Eucharist in the Sinai Covenant” with Dr. Lynn Boughton.

Location: St. Edna, 2525 N. Arlington Heights Road, Arlington Heights.

Wednesday, February 27, 2019, 7:00-9:00 pm –

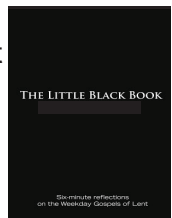
“Understanding the Bible and Using it for Evangelization”

with Mr. Raymond Urban.

Location: St. John the Evangelist, 502 S. Park Blvd., Streamwood.

Little Black Prayer Books for Lent

The Little Black Prayer Books for Lent will be available in the front office beginning the weekend of February 9-10. The cost of each book will be \$1. If you are purchasing for a group and would like to pay with a check, please make check payable to *Holy Family Parish*. Please bring exact amount if you are paying with cash. Thanks so much! Wishing you a prayerful Lent...



Annulment Ministry

For more information on how you can receive the support to complete the annulment process with someone who has “been there,” contact

Jan at jromanowski@sbcglobal.net, 847-504-6924 or

Rosemary at rtspinner@gmail.com, 847-991-7833.

There is always someone available to walk with you and answer your questions along the way.

Adult Faith

Friar Ed Shea, OFM

Friar Ed Shea, OFM is a Franciscan Friar who graduated from CTU in 1987, and has worked as Formation Director. Since his ordination in 1987, he has had a wide variety of experiences and has worked for 15 years as a Pastor in three different churches.

He is the third of 8 children from an Irish-Catholic family, is crazy about his 19 nieces and nephews, and is an avid Notre Dame fan. He loves to sing and tell stories and celebrate the sacraments of the Church.

“As a true follower of St. Francis, it is my mission in life to find reasons to rejoice in the goodness of God’s presence in our world.”



Parish Mission
***Make Me a Channel
of Your Peace***
Presented by Friar Ed Shea, OFM

Sunday, March 24 - 4:00-5:30 pm
Monday, March 25 - 7:00-8:30 pm
Tuesday, March 26 - 7:00-8:30 pm



March 24—*Where There is Doubt...Faith: A Reflection on the Eucharist*

March 25— *Where There is Injury...Pardon: A Reflection on Reconciliation*

March 26— *Where There is Despair...Hope: A Closing Mass of Hope.*

No registration necessary

Holy Family
Catholic Community

Fr. Terry Keehan, Pastor
2515 Palatine Road
Inverness, IL 60067
847-359-0042

www.holyfamilyparish.org

...Grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.



Beloved Retreat

Please pray for our Beloved Retreatants next weekend, February 15-17! It is sure to be a grace filled weekend of radical generosity and the power of God's love! Contact Mary Whiteside for more information about the Beloved Retreat at 847-907-3450 or mwhiteside@holyfamilyparish.org.

Upcoming 2018-2019 Adult Faith Programs:

Our RCIA group will be participating in the Just Neighbors program during the period of Mystagogia. This program will be an introduction to concrete ways to live out the Gospel message to love our neighbors. We have space for some additional people to join us for this program. If you are interested, please contact Mary Whiteside at 847-907-3450 or mwhiteside@holyfamilyparish.org.

The schedule is as follows:

- **Sunday, May 5, 10:15 am – 11:30am** – “Who is My Neighbor?” (Charity and Justice)
- **Sunday, May 12 (Mother’s Day), 10:15-11:30am** – “Our Children, Our Future” (Option for the Poor)
- **Sunday, May 19, 10:15-11:30am** – “Making Ends Meet” (The Call to Family, Community and Participation)
- **Sunday, June 2, 10:15-11:30am** – “What Would You Choose?” (Solidarity)
- **Sunday, June 9, 10:15-11:30am** – “Stepping Out in Faith” (Charity, Justice and Discernment in Ministry)

Preregistration is required as there are a limited number of seats for this program. There is no cost. To pre-register, contact Mary Whiteside at 847-907-3450 or mwhiteside@holyfamilyparish.org.

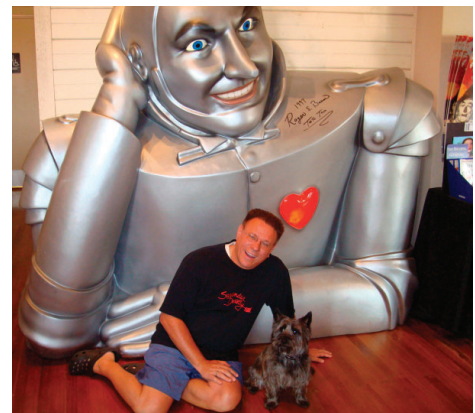
The Spiritual Journey: Reflections on the Wizard of Oz

Presented by
Friar Johnpaul Cafiero, OFM

Saturday, May 18, 2019
10:00 am - 4:30 pm

Cost: \$20 per person (lunch included)

This event requires PRE-REGISTRATION as there is limited seating. Contact Jeannie Parry to register at 847-907-3440 or jparry@holyfamilyparish.org.



Peg Hanrahan
Director
847-907-3431
phanrahan@
holyfamilyparish.org

The Family & Teen
Faith Community...
offers faith formation
and catechesis
to preschool through
elementary school aged
children and
high school teens
and their families.

Helping kids cope with anxiety

Anxiety is the fastest growing mental health issue for children, affecting 1 in 8 children and 1 in 4 teens. Anxiety often co-exists with other mental health or neurological issues (i.e. ADD; ADHD OCD, Depression, impulse control issues, learning disabilities) and frequently exacerbates these conditions. Though very responsive to treatment **80%** of those suffering from anxiety go undiagnosed.

As a faith community we have made a concerted effort to educate children, teens and their parents on anxiety, in order to

- **raise awareness** about the need for adequate assessment leading to treatment and
- **empower** those who struggle with anxiety by providing them with tools and resources that can help them cope more effectively.

The Practice of Mindfulness for anxiety

There is clear evidence that **mindfulness enhances the quality of one's life, by changing the brain in ways that protect against mental illness and improve control over emotions.** This **completely natural** practice has gained great popularity in the last fifty years and is fast becoming part of school curriculums around the world. This year Family & Teen Faith has introduced mindfulness practice at every grade level. It has become one of our primary resources for classroom management used for promoting relaxation, focus and reflection.

Though often associated with Eastern religious practice, the fact is **mindfulness is not Inherently religious.** If you or your children struggle with anxiety mindfulness practice might be a wonderful resource.

Upcoming Mindfulness Events at Holy Family

- **Mindfulness Retreat for 5th -6th grade** Sunday, February 10th during Faith Classes
- **FREE public screening of ANGST**, a 56-minute film and virtual reality experience that explores anxiety, its causes, effects and what we can do about it. **Angst** features candid interviews with kids and young adults who suffer, or have suffered, from anxiety and what they've learned about it. The film includes discussions with mental health experts about the causes of anxiety and its sociological effects, as well as help, resources and tools. **Open to all adults and students (5th grade on up accompanied by a parent or grandparent).** Need not be a member of Holy Family to attend.
 - **Sunday, Feb. 10th at 5:20 pm** in the Church
 - **Wednesday, Feb. 13th at 6 pm** in the ChurchThis screening will be followed by a panel of mental health professionals to answer questions.
- **Mindfulness Support Group for grades 1-3** - Tuesday afternoons 4:15-5:15 pm. **Limited to 12 participants** Click for more details
- **Mindfulness Workshop for Adults** - February 19 – 7-8:30
Introduction to what mindfulness is and the latest research on its effects along with the opportunity to experience some simple mindfulness techniques for personal use or to use with your children/teens.

Sacramental Updates



FIRST EUCHARIST

All 2nd and 3rd graders receiving their 1st Communion this spring will receive 1st Reconciliation on [Wednesday, February 6th](#). Receiving the sacrament of

Reconciliation in preparation for 1st Communion is a matter of Church Law. The service, conducted by Fr. Terry Keehan, will begin at 6:30 pm in the Church.

Dr. Peg has prepared the children in both Faith classes and at Holy Family Catholic Academy for the reception of 1st Reconciliation. During those sessions, Dr. Peg explained to the children what would be done at the service and why. Parents are asked attend the celebration of the sacrament with their child. Other family members (sibs, grandparents, godparents...) are more than welcome to join us as well.

Each 1st Communicant has been asked to bring a loaf of their favorite bread as part of this celebration. Each candidate will also receive a rosary as part of the celebration.

On Sunday, March 3rd at the 9:00 am Mass all the 2nd and 3rd graders preparing to receive their 1st Communion this spring will participate in a special Rite known as the **Presentation of the Our Father**. This is a new step added this year to the Preparation Process.

Note: Completion of all the steps in the Preparation Process is required prior to the reception of the sacrament. Unfortunately, given the nature of these celebrations we cannot offer a make-up opportunity.



CONFIRMATION

The **FLAME II Retreat Make-up** date is **Saturday, Feb. 16** beginning at 10:00 am. Teens check-in with Grant and Dr. Peg in the Narthex and bring your Bibles.

Those who are doing the **FLAME I Online retreat**, please schedule your session with Grant or Dr. Peg no later than March 16.

NOTE: The **FLAME I and II Retreats** must be completed prior to receiving Confirmation.

On Sunday, March 3 at the 4:00 pm Mass, those receiving Confirmation this spring will take part in the ritual known as the **Presentation of the Creed**. This rite highlights each candidate's willingness to embrace the essential beliefs of the Catholic Church. Parents and sponsors are invited to attend this special Mass with their teens.

On Sunday, March 31 at the 4:00 pm Mass all those preparing to receive Confirmation (this includes FLAME I and FLAME II teens and those attending Catholic High Schools who are planning on receiving Confirmation at Holy Family) participate in the **Rite of Scrutiny**. Parents and sponsors are invited to attend this Mass with their teens.

Participation in these Rites are steps in the Preparation Process and must be completed prior to the reception of the sacrament.



4th Grade Reconciliation

At Holy Family, children are taught about the sacrament of Reconciliation in stages.

In 4th grade children in both our Family Faith and HFCA are given additional catechesis on forgiveness and reconciliation and prepared to celebrate **Form I** of the sacrament of (face to face with a priest). Dr. Peg Hanrahan will be providing this catechesis to the

Family Faith children on March 3rd and 6th during class time and for HFCA children that same week in their Religion classes. Parents are welcome and encouraged to join their children, especially if they have questions regarding the current understanding on this sacrament. If parents are not able to attend but have questions they should contact Dr. Peg. **Parents look for the email which will be sent on Feb. 6 to sign their children up for a time on Mar. 13 or 16**

Passion Play 2019 “The Centurion’s Tale”



The Passion of our Lord is at the heart of the Christian Gospel. If people know anything about Christianity it is this: The Son of God offers the ultimate sacrifice – death on a cross – as a ransom for all of humanity, indeed all of creation, restoring once again the possibility of Eden. Through this single act of love the gates of Paradise are thrown open once again. In this act of love the Almighty’s creative power fashions a new heaven and a new earth, making all things new.

The passion narratives invite us to see and hear this seminal story of faith in all its complexity. They ask us to carefully mine its layered riches and attend to its nuances. Though we often think of it as Jesus’ story, it is really our story – the story of our own redemption. This is the goal of Teen Faith’s annual Passion Play. Over the last three years, rather than presenting a collage of familiar New Testament stories woven together with song, the scripts have consciously presented a point of view through which the Passion of our Lord can be seen and heard anew.

This year the Passion is presented through the eyes of the Romans, narrated by the centurion who proclaims in all four gospels, *“Truly, this man was the Son of God!”* The Passion play is designed to be both a dramatic proclamation of the Gospel and a reflection/homily for Good Friday. The question the teens pose this year to the larger Holy Family community is, *“How did a loyal son of Rome come to this radical insight? What were the events that led up to this life-altering conversion?”* As any good Gospel reflection does, the assembly will be left to respond to the ultimate question – *how has Jesus’ passion and death transformed me? Where am I on the journey of salvation, what in my life needs to change?*

Please make plans to join us this Good Friday, April 19 at noon, 3:00 and 7:30 pm. Invite your family and friends to worship with you on this important day in a unique and memorable way.

Family and Teen Faith Tuition & Fees

As of January 8, 2019 \$106,327.80 has been collected. This represents 72% of the total billed for the year (\$148,125.00). **THANK YOU!**

In order to receive the **Participating Parishioner Tuition Rate** each family must

- **Be a registered member of the parish**
Parish registration is a simple but formal 2-step process. Enrolling in Faith classes and attending Mass at Holy Family does not automatically register you and your family in the parish.
- **Contribute five (5) hours of service to the Faith program**
If you still need service hours please go to our Sign-Up Genius to do so. We are always adding volunteer opportunities. <https://www.signupgenius.com/go/20f0b4ca4a929a1ff2-20182019>
- **Contribute financially to the parish through:**
 - The Sunday collection, either during the weekend Masses or through on-line giving
 - The Holy Family Foundation
 - The Holy Family Building Fund

No specific amount is required however, in order for us to verify your contributions you must make them electronically or by check.

Family & Teen Faith staff members will be verifying this information. Those families who have not yet met these requirements will be notified so they can do so.

Holy Family Academy

Kate O'Brien
Principal
847-907-3452
KObrien@holyfamilyparish.org



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Deb Atkins
847-907-3461
datkins@holyfamilyparish.org

Students Draft HFCA’s Honesty Policy

As an International Baccalaureate World School, HFCA works to align our internal policies with IB’s internationally recognized academic best practices. All IB schools must develop an Academic Honesty Policy that addresses the technical aspects of accurately citing and referencing sources, but HFCA has also expanded our policy to include our faith.

Eleven students in 3rd through 5th grades worked with Mrs. Colleen Biere, HFCA’s IB Coordinator to draft our Academic Honesty Policy. Students willingly gave up recess time one day each week for 10 weeks to develop the policy. They used critical thinking skills to meet the IB requirements, collaborated among themselves to ensure all perspectives were considered, and creatively developed different communication strategies to uniquely address their fellow students who range from preschool through grade 8. The result was a document that clearly defined honesty and integrity at HFCA.

See more in our article posted to the online Tribune.

“Would You Trust Your Elementary Student to Draft Your Honest Policy? HFCA Did!” <https://bit.ly/2DUfHnM>



Thank you, HFCA’s Academic Honesty Committee!

VIATOR HOUSE OF HOSPITALITY

Sue Geegan
Director
847-907-3443
sgeegan
@holyfamilyparish.org

The Human
Concerns
Community...
offers assistance with
life's basic needs,
spiritual and emotional
support as well as
additional resources
with partners in our
community while
promoting mercy and
justice by putting our
faith into action.

Viator House is an interfaith-based program that provides hope, healing and opportunity to young men (18-23 yrs) with nowhere to live while pursuing asylum claims in the US immigration system. Holy Family's Thanksgiving collection provided much needed funding to support Viator House in their efforts to keep these young men, whom have committed no crimes, from living in detention facilities while awaiting their court date.

Dear Holy Family Community,

He had nowhere to go.

On Christmas Day, an 18-year-old young man named Nitharsan, a young Christian who escaped Sri Lanka because of violence and is seeking asylum in the U.S., was facing months or years in federal detention while waiting for his immigration hearing. Why? He has committed no crime, but he has no family with whom to live in the U.S.

Just like the Holy Family, your namesake, he faced homelessness and fled violence.

But thanks to generous communities like yours, Nitharsan does have a home - not a federal detention center - where he is surrounded by friends and can go to school while he waits. That home is Viator House of Hospitality, which your community graciously supports as a Faith Community Partner.

So I'm writing to say thank you - for the generous \$1,030 donation of your Thanksgiving collection and for your ongoing support. Please keep us and the 24 young men from 11 nations who live with us in your prayers.

Peace,
Fr. Corey Brost, C.S.V.
<http://viatorhouseofhospitality.com>

HOLY FAMILY PADS SITE for the Homeless

Holy Family's PADS site, a Sunday evening shelter for people facing homelessness, is in its *eighteenth season*. It takes many volunteers to set up, provide and serve meals, work shifts, clean up as well as offer an atmosphere of comfort and safety. We are especially in need of female shift workers Mondays from 3am-7am. Training is provided. Contact Sue with any questions at 847-907-3443 or sgeegan@holyfamilyparish.org

Visit www.carecalendar.org using **calendar ID 134413 and password 9236** to sign up for food donations. Food can be dropped off hours, even days earlier, and volunteers will prepare your dish just prior to our guests arriving. Please feel free to pass this information along to anyone else you know that might want to donate items for our weekly PADS site.



Spring Cleaning for Your Home & Soul

Monday, March 4, 2019
Holy Family Common Ground



Please join us on **Monday, March 4 from 1:00p to 3:00p** in Holy Family's Common Ground as Sue Becker, a recently retired organizing and productivity consultant, presents "Spring Cleaning for Your Home and Soul".

In her presentation, Sue will explore a Christian perspective on how to live with abundance, but not attachment. Using the parable of *The Rich Young Man* and Catholic tradition, Sue will reflect on how to 'Let Go and Let God' be your only source to hold onto. She'll also present practical ways to organize our lives and our "stuff" so we can learn to detach and declutter. A \$5.00 fee will include this presentation and hospitality.

Sue spent the past 19 years helping thousands of people around the world create customized processes to conquer their piles of paperwork, pare down their overwhelming clutter and streamline their jam-packed schedules. She is an active member of St. Joseph Parish in Downers Grove, IL.

Questions: Please email Eileen at dwtstjs@aol.com or Barb at owlsnest2018@aol.com.



Holy Family Parishioners – Drive Cautiously in the Parking Lot



Every Sunday evening until the last weekend in April, Holy Family hosts a PADS site for our homeless friends to provide them with a nutritious meal and a safe and warm place to sleep. Be aware that our guests arrive on foot, on bikes as well as in automobiles. They are traveling along Palatine Road in the darkness of the evening hours and are difficult to see at times. Please drive slowly and use extra caution as you leave the church through the parking lot and onto Palatine Road. We want our guests to arrive safely.

Thank You!



Lenten Fish Fry at Holy Family

**Fridays, March 8, 15, 22 and April 5
(no Fish Fry March 29)
6-7:30pm**

THE KNIGHTS OF COLUMBUS will hold a Lenten Fish Fry dinner to benefit the Human Concerns programs, served in the social center from 6:00-7:30pm. Menu includes *All You Can Eat* fried fish, baked fish, pizza, macaroni and cheese, fries, applesauce, coleslaw, dessert, and beverage. **Please note a change in pricing due to increased food costs. \$12 adults; \$10 seniors 65 and over; \$5 children 4-12 years; 3 and under FREE.**

Catholic Charities



SATURDAY, APRIL 13, 2019

The 30th Annual Hearts for Hope Dinner and Auction will be held at 6 p.m. Saturday, April 13, 2019 at the Cotillion, 360 S. Creekside Drive, Palatine. Proceeds benefit Catholic Charities services in the northwest suburbs. Our Northwest Region office in Des Plaines provides food, clothing, shelter, counseling and other services to tens of thousands of people every year. The event features dinner, open bar, silent and live auctions and music by 7th Heaven, one of Chicago's most popular bands. Reservations are \$95 each or \$900 for tables of 10. Sponsorships are available. Contact Mike Waters at (847) 376-2118 or mwaters@catholiccharities.net.

Interfaith Mental Health Coalition Presents: In Our Own Voice

Monday, February 11, 2019

**Prince of Peace Lutheran Church, 1190 N. Hicks Rd, Palatine, IL 60067
7:00 – 8:30 p.m.**

The "In Our Own Voice" presentation changes attitudes, assumptions and stereotypes about people with mental health conditions. This free 90-minute presentation will provide a personal perspective of mental illness, as presenters with lived experience talk openly about what it's like to live with a mental health condition.

The trained presenters will humanize the misunderstood, highly stigmatized topic of mental illness by showing that it's possible—and common—to live well with a mental health condition. This presentation will also provide:

- A chance to ask presenters questions, allowing for a deeper understanding of mental health conditions and dispelling of stereotypes and misconceptions.
- The understanding that every person with a mental health condition can hope for a brighter future.
- Information on how to learn more about mental health and get involved with the mental health community.

There will be a **free will offering** taken to support **Local NAMI Chapters**

For more information call: 847-359-3451

To RSVP: www.poppalatine.org/popevents

Interfaith Mental Health Coalition, NW Suburban Cluster Members:
Hugh Brady, NAMI, IMHC; Sue Geegan, Holy Family; Rita Rippentrop, IMHC;
Marianne Rogenski, ORUMC; Marianne Supan, Church of the Holy Spirit

Holy Family Partnerships & Support Groups

Partnerships

Catholic Charities

Provides food, clothing, shelter, counseling and other services to those in need, bringing hope to the hopeless. Mike Waters, NW Regional Director, Des Plaines
mwaters@catholiccharities.net
847-376-2100

Habitat for Humanity Spring of Life Partnership

Nonprofit, ecumenical Christian housing ministry. Provides interest free loans to families who qualify for affordable housing - Larry Buettner
Larrybuettner@comcast.net
www.springoflifehabitat.org

Journeys the Road Home

At Journeys, we work to provide intervention and support to address the root cause of homelessness, and lead people back to a stable environment. Shelter through the PADS program October through April; job support, case management, food pantry, clothing room, Pathway Housing Readiness Program are a few offerings.
www.journeystheroadhome.org
847-963-9163

Misión San Juan Diego

Holy Family partners with this local Hispanic parish encouraging intercultural exchange.
http://www.misionsanjuandiego.org

St. Joseph's Home for the Elderly

Staffed by Little Sisters of the Poor, provides assistance as they minister to the elderly economically disadvantaged in Palatine.
www.littlesistersofthepoorpalatine.org
847-358-5700

St. Mary's Services

Unplanned pregnancy, support, counseling, adoption services.
847-870-8181

Viator House of Hospitality

Supports young men seeking asylum.
viatorhouseofhospitality.com

Chicago Voyagers

An affiliate of Trips for Kids®, a nonprofit whose mission is to empower at-risk youth through outdoor experiential adventures that foster healthy relationships and responsible behavior in order to grow into successful, healthy adults. www.chicagovoyagers.org

WINGS

(Giving Flight to Hopes and Dreams)

The mission of WINGS is to provide a continuum of integrated services in an effort to end domestic violence and homelessness one family at a time.
www.wingsprogram.com
847-519-7820

Support Groups

Al-Anon

Helps friends and families of alcoholics find support and understanding. Saturday mornings from 9:30 to 11:30am in room Lower Level 3. Childcare available.
Cathie: 855-383-2224

AMITA Health Behavioral Medicine

One-on-one counseling. Meets on various days and times. Contact them directly at 855-383-2224.

Job Support

A vibrant networking group designed to support those who are searching for a new position or career. We encourage all attendees to share talents, advice and contacts. The group meets Saturday mornings from 7:30 to 9:30 am in Common Ground. For each meeting bring 25 copies of a resume or handbill.

Gary Sakata 847-381-0218
Frank Sevilla 847-567-0969,
Jerry Aurigemma 224-484-8709

LOSS (Survivors of Suicide)

Facilitated by staff of Catholic Charities on the 3rd Wednesday of each month at Holy Family at 7:00pm. Contact: Jessica H. 312-655-7283

Mental Health Support

A support group for families and friends of people with mental health issues. Meets the first Wednesday of every month from 7-8:30pm.
Dan & Trudy Mickey- 847-991-6255
mickeydan@comcast.net

One In Love (LGBT)

Educate, Advocate, Ally and Serve the LGBT community by exploring issues surrounding sexuality, gender, and our faith in a safe, loving environment. Meets the second Saturday every month from 10:00am-noon. Chris Evon 847-271-6030 or
chris.evon@yahoo.com

Rising from Divorce

A support group for individuals facing separation, divorce or annulment. This open and ongoing support group who will help you heal and cope. Faith sharing, speakers and social activities are offered throughout the year. Meets on Monday twice a month from 7:00-9:00pm.
Kathy Kvittek: kathykv2@gmail.com
630-697-1655

To Be Joyful Again

"To Be Joyful Again, a non denominational support group for widows, widowers, or anyone else who has lost a significant other, meets the 1st and 3rd Thursday of every month at 7PM at Holy Family. All are welcome. Please contact Pat Bongiorno at 847-985-4624 or Bob Boho at 847-438-2884 for more information."

US TOO International (prostate cancer support)

For men and couples who are dealing with prostate cancer. Information, resources and support are available at the monthly meetings which are held on the 4th Tuesday of each month from 5:30-7:00pm and 6:30-9:00pm.
Cliff Whall - 630-718-1304

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Chris - Blood Donor

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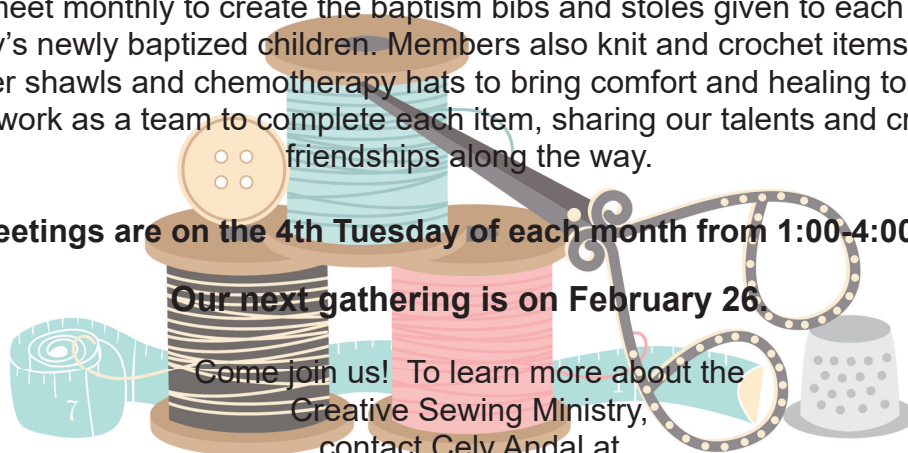
We meet monthly to create the baptism bibs and stoles given to each of Holy Family's newly baptized children. Members also knit and crochet items such as prayer shawls and chemotherapy hats to bring comfort and healing to others.

We work as a team to complete each item, sharing our talents and creating friendships along the way.

Meetings are on the 4th Tuesday of each month from 1:00-4:00pm.

Our next gathering is on February 26.

Come join us! To learn more about the Creative Sewing Ministry, contact Cely Andal at ctandal@comcast.net



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