

Meditations for the Mysteries of the Rosary for Young People

For older children download and use, these prepared meditations:

You might even have your kids take turns reading the meditations with you.

[Quick Meditations on Every Mystery of the Rosary](#)

For children ages, 3-8 use the following simple meditations

Whoever is leading the prayers for the decade announces the name of the mystery. With young children, it is good to explain the event in simple terms. If you want to you can ask the children one of the optional reflection questions presented or ask them to imagine the scene in their mind.

The Joyful Mysteries

Today when we pray our rosary (or decade), we are going to think about happy times in Mary's life. We call these the **Joyful Mysteries**.

The Annunciation: The angel Gabriel tells Mary she is going to be the Mother of Jesus.

Reflection Question: How do you think Mary felt when she was told she was going to have the Baby Jesus?

The Visitation: Mary visits her cousin Elizabeth. Elizabeth's baby (St. John the Baptist) recognizes Mary's baby (Jesus), even before he or Jesus are born!

Reflection Question: How do you think Mary and Elizabeth felt, being together during this special time?

The Nativity: Mary gives birth to Jesus in a manger.

Reflection Question: Have you ever gotten to hold a really tiny baby? How did you feel holding that baby? How do you think Mary felt holding her baby son?

The Presentation: Mary and Joseph take Jesus to the Temple, and Simeon and Anna recognize Jesus as the Messiah.

Reflection Question: How do you think it made Mary feel when Simeon and Anna recognizes how special her baby was.



Finding Jesus in the Temple: On a trip to Jerusalem, Mary and Joseph lose sight of Jesus. They can't find him anywhere and none of their friends or neighbors traveling with them can remember seeing him that day. They look everywhere and finally find him talking with the teachers in the Temple.

Reflection Question: Have you ever gotten lost in a crowd? How did it make you feel? How do you think it made your parents feel? How do you think Mary felt when she and Joseph were looking for Jesus in the crowds in Jerusalem? How did she feel when they found him and she knew he was safe?

The Sorrowful Mysteries

Today when we pray our rosary (or decade), we are going to think about the difficult time in Jesus's life, which made Mary sad. We call these the Sorrowful Mysteries.

The Agony in the Garden: The night before Jesus died, he was sad and afraid. Jesus decides the best thing to do is to pray to his Father. He asks his friends to go with him to the Garden of Gethsemane, which was a very special place for Jesus. When they get to the garden Jesus begins to pray, but his disciples fall asleep.

Reflection Questions: How do you think Jesus felt when he found his friends asleep?

The Scourging at the Pillar: Jesus is arrested and taken to the jail where the soldiers make fun of him and whip him.

Reflection Question: How do you think that made Jesus feel? How do think it made his mother feel?

The Crowning of Thorns: The soldiers tease Jesus about being a King. They take a thorny vine, wind it in circles and press it on Jesus' head.

Reflection Question: What does it feel like when you are being teased and other kids do things to hurt you? How do you feel when someone you know is being teased?

The Carrying of the Cross: Jesus is forced to carry the cross. It is very heavy and the wood feels rough.

Reflection Questions: What do you think Jesus was thinking as he carried the cross?

How do you think Mary felt watching him carry the cross?



The Crucifixion: Jesus is nailed to the cross.

Reflection Question: What do you think Mary was thinking about seeing her son Jesus hung up on the cross?

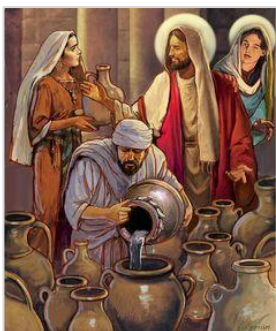
The Luminous Mysteries or Mysteries of Light

Today when we pray our rosary (or decade), we are going to think about the things Jesus did to help understand how much God loves them.

The Baptism of Jesus: Jesus is baptized by John the Baptist in the Jordan River.

Reflection Question: What do you think Jesus was thinking about when he was being baptized?

The Wedding at Cana: Jesus and his mother are guests at a wedding in Cana. The hosts run out of wine in the middle of the celebration. Mary asks Jesus if he can help. Jesus turns water into wine so the celebration can continue.



Reflection Question: How do you think bride and groom felt when the wine ran out at their wedding? Why do you think Jesus decides to help them? How do you think Mary felt watching her son help the young bride and groom? How do you think your parents feel when they see you helping others?

The Proclamation of the Kingdom: Jesus talks about how much God loves us and asks us to trust God and love our neighbors as ourselves.

Reflection Question: How does it make you feel to know God loves you and will always take care of you. Why do you think Jesus tells us over and over that God love us?

The Transfiguration: Jesus takes Peter, James and John up on a mountain. Suddenly, there is a very bright light and the most famous Hebrew prophets, Moses and Elijah appear on the mountaintop. Jesus talks with these great teachers. Though the disciples cannot hear the conversations, as they are watching Jesus clothes become bright white. The light is so bright the disciples cover their eyes and lower their heads. They hear a voice from heaven saying, "This is my beloved Son, listen to him." After the voice speaks, it is quiet. The light goes away. When they look up all they see is Jesus.

Reflection Questions: What do you think the disciples were feeling? How would you feel if you were there?

The Giving of the Eucharist: Jesus gives us his Body and Blood for the first time at the Last Supper.

Reflection Question: How do you feel knowing Jesus wants to share himself with you in this very special way?

The Glorious Mysteries

Today when we pray our rosary (or decade), we are going to think about the wonderful times in Jesus' life and in Mary's life after the Crucifixion. We call these the Glorious Mysteries.

The Resurrection: Jesus rises from the dead.

Reflection Question: How do you think Mary felt when she knew Jesus had risen from the dead?

The Ascension: Jesus ascends to heaven after telling his disciples that he will be with them in Spirit forever.

Reflection Questions: How do you think Mary felt knowing that Jesus was with this Father in heaven?

Do you know anyone who had gone to heaven? How does it make you feel to know they are happy and safe with God?

The Descent of the Holy Spirit: The Holy Spirit comes as a wonderful gift from Jesus to teach our hearts and minds about God.

Reflection Questions: How you think the Holy Spirit helped Mary? How does the Holy Spirit help you?

The Assumption: Mary is taken up into heaven.

Reflection Question: How do you think Mary felt when she was going to heaven to be with Jesus and the Father?

The Coronation: God gives Mary a special place in heaven, crowning her Queen of Heaven and Earth.

Reflection Questions: Have you ever given someone you loved a special gift? How did it make you feel? How did it make them feel?

