

FLAME Catechist Handout

Week 10 – 12/19/2021

Gifts

OBJECTIVES

- For our teens to reflect on the gifts that they have
- For our teens to learn a quick overview of the gifts of the Holy Spirit
- For classes to team build as they wrap gifts and/or celebrate Christmas together

OVERVIEW

1. 4:00-5:00pm- Teen Mass
2. 5:15-6:45pm – Wrap Gifts/Celebrate Christmas/Lesson Plan/Dismissal

End of the semester note:

If you have not wrapped the gifts that you have purchased as a class, this class would be a good time to do so. Some classes also like to take this time to celebrate the end of the calendar year with a white elephant party, gift giving, or food. If you are in a classroom that does not allow food, you need to make arrangements with Teen Faith ASAP.

Food-friendly rooms will fill up quickly.

If you have already wrapped your gifts and chosen not to have any extra celebrating, the lesson is designed to be long enough for your class. It is also adaptable if you choose to do some pieces and not others.

CATECHIST NOTES

Make sure your class wraps the presents that have been purchased as a class

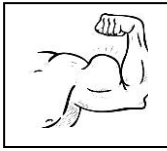
You may also use this time to have a Christmas party. Some ideas of activities are:

- White Elephant gift exchange
- Cookie or pizza party
- Gift exchange

Feel free to think of your own event as long as it is appropriate and can be completed in the time allotted.

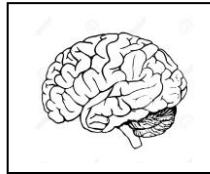
***If you are not in a room that is food-friendly, then you will not be able to have treats in there.**

We all have gifts. Some we think about and use every day, others we don't always realize that we have. Sometimes, we think about our physical gifts- things that can be seen or shown like athletic abilities or a musical talent. Other gifts are more mental, like patience or good grades. Take a moment to think about your gifts and write a few:



Physical Gifts

- 1.
- 2.
- 3.



Mental Gifts

- 1.
- 2.
- 3.

Now take a moment to think about these questions:

- **Which of these gifts is the most important to you?**
- **How do you use these gifts?**
- **How can you use these gifts to share God's love?**

CATECHIST NOTES

This is a good opportunity for peers to start the discussion. Teens may feel uncomfortable "bragging" about themselves.

Sometimes, we don't realize that other people see our gifts. They get to experience our gifts and the good in us that we have been given by God.

Take a moment and **switch papers** with someone else in class. Think about this person and what gifts you have seen in them. It can be either a physical or mental trait like you listed above.

Three gifts I see in _____ are:

- 1.
- 2.
- 3.

If you are comfortable, **share with the class** one of the gifts that you see in your classmate. More likely than not, it's something they have seen too!

Switch papers back! Now read what your classmate has said about you. Think about this:

- Do you think you have the gift your classmate wrote down?
- Is this something that you hadn't seen in yourself?
- Is there a gift you have that wasn't written down? How can you show this gift more?

In addition to gifts that God gives us, we have also been given 7 gifts of the Holy Spirit. These gifts are bestowed upon us when we are confirmed and stay with us forever.

The gifts of the Holy Spirit are:

**Wisdom
Understanding
Right judgment
Knowledge
Courage
Reverence
Wonder & Awe**

What do you think these mean? (Try not to peek at the next page!)

CATECHIST NOTES

Encourage teens to switch with someone who they don't know as well.

If there are teens that are too good of friends, switch the papers around for them.

Encourage the teens not to look at what the person has already written about themselves but to come up with gifts on their own.

The 7 gifts of the Holy Spirit

WURK CRW

(work crew)

Wisdom

The knowledge and ability to recognize and follow God's will in our lives

Understanding

The ability to love others as Jesus calls us to

Right judgment

The ability to make good choices

Knowledge

The ability to learn more about God's plan, leading us to Wisdom & Understanding

Courage

The strength to give witness to our faith in Jesus Christ

Reverence

A love and respect for all that God has created

Wonder & Awe

A recognition that God's presence and love fills all creation

Even though you're not confirmed yet, you still have the ability to use these gifts that the Holy Spirit will give you.

- Which gift do you think you already have now?
- Which gift do you think you'll need the most?
- How can you use these gifts in your life?

Today, we're donating gifts to families in need. As a class, take the time to come up with a prayer for your family. Keep them in your hearts and on your minds this Christmas season.

I learned Statements—complete one or two of the sentences below:

- 1) I learned.....
- 2) I relearned.....
- 3) I discovered.....
- 4) I wonder if.....
- 5) I was surprised...

CATECHIST NOTES

Have a teen read the following passage:

ISAIAH 11:2-3

²The Spirit of the LORD will rest on him—

the Spirit of wisdom and of understanding,

the Spirit of counsel and of might,

the Spirit of the knowledge and fear of the LORD—

³and he will delight in the fear of the LORD.

He will not judge by what he sees with his eyes,

or decide by what he hears with his ears;

Have the teens work together to write a prayer for the families receiving the gifts.