

# Catechist Handout

Week 11- Jan. 9, 2022

Topic: The Holy Spirit



## OBJECTIVES

## OVERVIEW

1. 4:00- 5:00pm - Mass
2. 5:15-6:45pm – Small Group Lesson Plan/dismissal

## LESSON COMPONENTS

- A. Community Building (10-15 min)
- B. Shared experiences by adults and teens (20-25 minutes)
- C. Catholic Teaching/Insight
- D. Putting Faith into Action
- E. Scripture & Prayer

### Announcements:

We will be meeting Feb 13, 2022 as a large group to talk with Fr. Terry and others about ANY questions you have pertaining to your faith. Please fill out the last Teen Handout page (or any notecard, piece of paper, etc) with questions and turn in to the Narthex before you leave.

## Great Articles on the Holy Spirit

1. <https://catholicexchange.com/ten-ways-to-grow-in-devotion-to-the-holy-spirit>
2. <https://www.crossroadsinitiative.com/media/articles/mystical-prayer/>
3. <https://www.catholic.com/magazine/print-edition/the-divinity-of-the-holy-spirit>

## Meditative and Informative Videos on Holy Spirit

1. <https://www.youtube.com/watch?v=AFIq22N9Jdc>
2. <https://www.youtube.com/watch?v=h5TpaMhrGSA>
3. [https://www.youtube.com/watch?v=1\\_I8vGBboV8](https://www.youtube.com/watch?v=1_I8vGBboV8)
4. <https://www.youtube.com/watch?v=1INut0Gi09Q>
5. <https://www.youtube.com/watch?v=bkKLN1WgKIM>

### **Community Builders (10-15 minutes)**

Have the students think of 1 or 2 famous people that they look up to (celebrity, political person, YouTuber, etc.) and pull up a picture of them on their phones. Show the picture to the class and explain: what makes them great (positive attributes, talents)?

Now have them think of someone they know personally, pulling up a picture of them if possible. What makes them great?

### **Shared experiences by adults and teens (20-25 minutes)**

Life Map

In each section provided on the teen handout, list/draw 1-2...

1. Key people who are important to you at this stage of your life (be prepared to explain why)
2. Significant events that have made a lasting impression on you
3. Accomplishments within the last year that you are proud of
4. Obstacles, failures, or disappointments that you have experienced within the last year
5. Future goals that you have

Have peers prepare their Life Map prior and bring it in

After the community builder, have the class draw out their own (need markers, paper, background music)

Have the peers assist the class

Each person explains 1 of their Life Map sections, starting with the peers if necessary

### **Catholic Teaching/Insight (25-30 minutes)**

Portion on the Catechist Notes is necessary for this portion of the lesson

We are all blessed with gifts – being patient, strong, smart, caring, loving, etc. (reference the positive attributes said during the shared experiences)

Those things are all rooted within a God that made us. God is perfect and makes no mistakes. We are the way that we are because God crafted us in a specific way for a specific purpose. Some of us are born with talents and characteristics that others are not. This isn't because God loves people more than others, but because we are all destined for something and our gifts will help us get there.

#### **SPIRITUAL GIFTS (Isaiah 11:2-3)**

- **Wisdom** - Ability to know the heart. Make complex things simple enough for children to understand. God is all knowing through his everlasting wisdom. God allows us to understand like Him through the Spirit coming into our lives. (Wisdom 7:22-30)
- **Understanding** – Similar to wisdom. Allows us to see reality and know the heart. Understanding helps us grasp reality by seeing how things are connected. We understand something when we see what lies behind it, beneath it, around it, and what caused it to be. Both wisdom and understanding help us make good decisions
- **Knowledge** – Helps distinguish truth and falsehood. Helps us sort through what we've learned and experienced to find what is true. Helps make good judgments. Works alongside wisdom and understanding to help us see through eyes of faith.

### **CATECHIST NOTES**

A gift is something freely given. The more you know and love the gift-giver, the more meaningful the gift. Faith is a gift from God, who knows you the most. The gift of faith is a gift of a relationship based on trust. Who better to trust than a God who knows everything, is all powerful, and knows you inside and out, the good and the bad, and still willingly chooses to love you? Humans have an innate longing and desire for this relationship with God. St. Augustine said it best when we said, "My soul will not be at rest, until it rests in God."

Through this relationship of faith, the Holy Spirit speaks. He knows you and gives you more gifts that help you further your purpose on this earth. This relationship with God is worth the pursuit.

In the Catechism of the Catholic Church (CCC, 166), it states that faith is a personal act but not an isolated one. We cannot believe alone because we are made for community. "No one is an island" Genesis 2:18 – It is not good for man to be alone. God, in himself, is not alone. God is always in community because he is Triune. We are called to receive faith and to pass it on to the others.

→ This portion has a reciprocal handout for the teens. Make sure they are taking notes and understand each gift, for it will come in handy during the reflection portion

## CATECHIST NOTES

### The Catechism of the Catholic Church –

The moral life of Christians is sustained by the gifts of the Holy Spirit. These are permanent dispositions which make man docile in following the promptings of the Holy Spirit. The seven *gifts* of the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. They belong in their fullness to Christ, Son of David.<sup>109</sup> They complete and perfect the virtues of those who receive them. They make the faithful docile in readily obeying divine inspirations.

- **Courage/ Fortitude** – Bravery and endurance. Helps us face danger, stand up for what we know is right (ex: being pro-life), and act on our convictions. Courage comes from knowing that God will be with us always. Courage = backbone to moral strength. Knowing the right thing doesn't necessarily lead to doing the right thing. Courage demands an inner strength. 1 Samuel 17 – David and Goliath
- **Right judgment/ counsel** – Ability to look at a situation, discern what is the correct thing to do, and then have courage to play it out. This gift depends on the ones before it (wisdom, understanding, knowledge, and courage). This allows us to give ourselves and others good, sound advice. We could have right judgment if we pray, seek the guidance of the Holy Spirit through the Bible and through Mass, and consult others in the faith community.
- **Reverence/ piety** – Deep sense of love that leads to seeking out ways to please God. Through reverence, you long to give honor and praise. This gift allows us to place God as priority in our lives. Micah 6:8. This allows us to embrace and be truly grateful for all that God has come from God (family, health, community, grace). We could show love to God by loving the things that came from Him.
- **Wonder and awe of God's presence/fear of the Lord** – The ability to see how holy, powerful, wise, beautiful, and almighty God is. Being awestruck when looking at the beauty and vastness of God's creation and His love for us. God's power and might is overwhelming to experience or even fathom. This gift allows us to see who God is and all that He's done, all He's capable of, and know that He has a plan for each of us.

### The Catechism of the Catholic Church

The moral life of Christians is sustained by the gifts of the Holy Spirit. These are permanent dispositions which make man docile in following the promptings of the Holy Spirit... (More in the "Catechist Notes")

### Putting Faith into Action (10-15 minutes)

Reflection/ prayer service

Start in prayer and listen to "Holy Spirit" by Bryan and Katie Torwalt

Go around the room and have each teen say either (decide on one):

- Which gift of the Spirit they desire
- Which gift of the Spirit they have

### Scripture & Prayer

1 Corinthians 12:4-7 – "There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone. To each individual the manifestation of the Spirit is given for some benefit."

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<https://www.youtube.com/watch?v=4jZOu7oM7KQ>

**Important for class  
on February 13,  
2022!**

**LESSON PREPARATION NOTES:**

Is there something I want to pick up or go over from last week's class?

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My community building activity this week will be

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What parts of the lesson will the Peer Ministers lead/facilitate?

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Do I need anything from the Faith Office prior to class?

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Other

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**CATECHIST NOTES**

Things I will need for class this week:

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The Key Ideas/Objectives for this week are

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Things I need to consult Mel about

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