

FLAME Service Log

FLAME students are required to complete **20 hours** of service each year. This sheet is for you to keep track of your service hours. To receive credit for your service hours, you need to turn in this completed form to your catechist by the end of the year.

For ideas and ways to get involved in service check out the youth ministry bulletin page and volunteer opportunities listed on the Teen page on our website. Additionally, you are more than welcome to create your own service ideas by getting involved in service through your FLAME small group, school, and community.

NAME _____ **Phone** _____

Date	Time Spent	Description of Service (What & Where)	Signature & Phone of Supervisor or parent

Any questions? Contact Maureen Cochran 847-907-3446
mcochran@holyfamilyparish.org