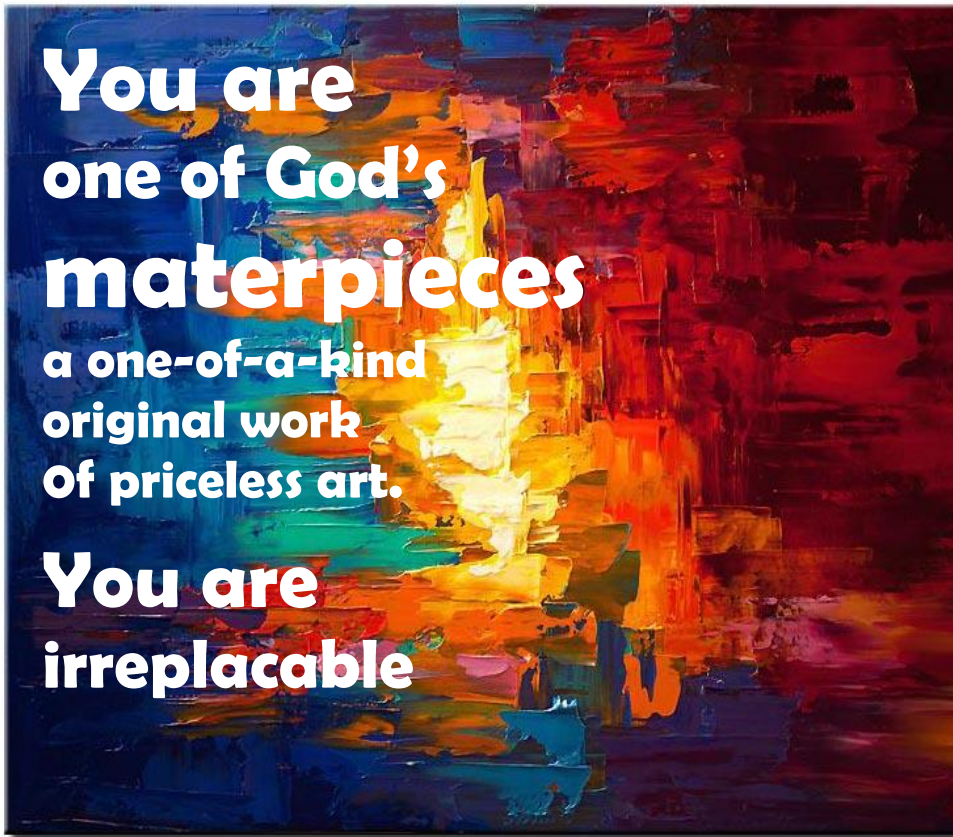


Session 2 – The Eucharist is About Caring

Opening Prayer



Parent: We begin in praise of our God, source of all life and blessing.

All: **Praise the Lord**

Child: Sun and moon

All: **Praise the Lord**

Child: Day and night

All: **Praise the Lord**

Parent: Earth and sky

All: **Praise the Lord**

Child: Seas and rivers

All: **Praise the Lord**

Child: Mountains and hills

All: **Praise the Lord**

Child: Birds of the air and fish of the sea

All: **Praise the Lord**

Child: All animals, wild and tame

All: **Praise the Lord**

Parent: Ask if anyone has anything they would like to add and encourage them to do so.

A Parent or the oldest child leads the family in prayer

Lord God, Creator of all

You made us in love and chose us to be your friends. We belong to you.

Everything we are and everything we have, are gifts from you.

Help us always to be grateful for the many blessings you send our way.

May we use our gifts, talents and abilities to care for others and give you glory.

Send the Holy Spirit to help us see and appreciate the goodness in ourselves and each other.

Draw us closer to you and each other as we prepare as a family for

N's _____ first Holy Communion.

(First Communicant's first name)

In Jesus' name, we pray.

All: **Amen**

Play the following YouTube video, encouraging your child to sing along and follow the movements. **Made For This** <https://www.youtube.com/watch?v=jVKuOi3YEAM>

Slide 6 – Created in God’ Image



one of God’s masterpieces

**You are one of God’s masterpieces
a one-of-a-kind, a priceless original
You are irreplaceable.**

**Created in God’s image
Built for a purpose
God creates each of
us with a unique
blend of
**Gifts
Talents
Abilities****

**Watch this video together
*Handcrafted by God
A Douglas Talk*
https://www.youtube.com/watch?v=B_ggHejm9Sg**

Parent Notes

- Having gifts and talents is a given; recognizing one’s gifts and having them appreciated by others is not necessarily a given.

Most children (and many adults) associate their gifts and talents with activities they do well (playing an instrument, being a good student, athletic skills...). In this exercise, the goal is to identify a gift each family member has that contributes to the strength of the family unit.

This is may be challenging for children, who are much more aware of what they receive from their family rather than what they contribute to the family.

Write each family member’s name on a piece of paper, fold it and put it in a container (hat, bowl, basket, paper bag...). If an immediate family member is not able to participate in the activity, include their name.

One parent should say something like:

Each member of our family contributes something very special to our family. If that person were not part of our family, something important would be missing. In a minute, I am going to ask each of you to draw a name of a family member. **Do not share the name you picked with anyone else.** I then want you to find a quiet place, by yourself and think about that person and identify one or two things they contribute to our family.

Parents may have to help the youngest members of the family with this task.

Give a few ideas of the kinds of things you are looking for – having a sense of humor, being creative, being a good problem solver, is affirming of others, is cooperative, is a great listener, is dependable, looks out for others...

Give each person 10 minutes to come up what he/she wants to say. Ask them to work alone, except for young children that may need assistance.

Gather the group back together and have them share the name of the person they picked and the unique contributions they make to your family.

Note: If one of the family members is not present, have someone choose two names.

Creating a One-of-a-kind Family Portrait

Option 1: Handprint art



Hand print art is a simple way to create a unique family treasure.

Step 1: Come up with a design

You can arrange the prints in any number of ways even creating images like plants, animals, insects, birds, geometric shapes... A quick google search should spark your imaginations. Make sure your family name is prominent.

Step 2: Creating handprints

If you have finger paint available you can paint the palms of your hands and make imprints on paper. You can trace hands on construction paper, cut them out and maybe even decorate them in some way. You can trace the outlines of handprints using **washable** Markers. You can use old t-shirts to create handprints. Be creative – go wild.



Step 3 – Arrange your handprints into your design

You can come up with a family motto, use a saying about family you like, or incorporate the first names of family members. If you have pets you can include their paw prints (or a version of a paw print). Be original and have some fun.



Cat paw



Dog paw

Step 4 – Sharing your artistic genius!

Once you are finished, take a picture of your portrait.

HFCA families should email the pic to **Mrs. O'Brien**, kobrien@holymfamilyparish.org and think about posting your masterpiece on the Academy's Facebook page.

Faith families should email their pic to Joan Sloan jsloan@holymfamilyparish.org and think about posting your gem on the Family Faith Facebook page.

Please send all images in **JPEG format**

Option 2: Make a Collage of images into a Family Portrait

Step 1: Come up with a design

You can arrange the prints in any number of ways even creating images (like a moon).



Step 2: Sort through your pics. Look at the hundreds of pics your parents have on their phones, tablets and laptops. As a family choose the ones you like or that say something about your family. Are you an active outdoor kind of family look for those kinds of pics. Are you are a family of music lovers, then choose those kinds of pics.

Note: Make sure everyone in the family is represented – including those who might be away at college and of course add pets. Feel free to add extended family.

Step 3 – Arrange your pics into a design

Don't be afraid to cut (or if you are doing your collage on the computer 'crop') the images.



The possibilities are endless as you can see, so be inventive and have fun. Why not add a family slogan, saying, motto or catchphrase. OH...and take you time, enjoy the process.

Step 4 – Share you talent with others. Get your collage printed and hang it in your home. Take a pic of your collage and send them to us (same instructions as above for Option 1).



You've earned one!