

ADVENT 2024

LIVING LAUDATO SI'

Join Creation Care efforts during Advent. Each day addresses one of the seven goals of the Laudato Si' Action Platform, denoted by the color above the action.



Respond to the Cry of the Earth



Respond to the Cry of the Poor



Foster Ecological Economics



Adopt a Sustainable Lifestyle



Promote Ecological Education



Practice Ecological Spirituality



Community Empowerment



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DEC 1

Reduce your paper usage this Advent and Christmas. Wrap your gifts creatively using materials you have at home. Send an e-card or better still, call.

DEC 2

Donate food and/or time to help those in need; the elderly, the immigrants. At mealtimes, add to your table grace a prayer for your access to healthy food.

DEC 3

Shop locally and support businesses in the community. Tell owners how much you appreciate their efforts and encourage others to say likewise.

DEC 4

Instead of buying a Christmas outfit, upcycle what you have in a new way. Think about how/who makes your clothes. Ask yourself if you really need something new.

DEC 5

Read or re-read Pope Francis' encyclical, *Laudato Si'*. Download using the link on the parish website or purchase a copy. Discuss a chapter at a time with family or friends.

DEC 6

Celebrate the Eucharist often during Advent to prepare your hearts for Jesus, god's gift to humanity. Ask someone who has not been coming to Mass to join you.

DEC 7

Participate as a conscientious citizen. Take greater interest in local politics as they relate to environmental and social justice issues.

DEC 8

Today is the feast of the Immaculate Conception. Say the Rosary today with intentions for all of life. Pray to Mary for her unconditional "YES."

DEC 9

Participate as a conscientious citizen. Take greater interest in local politics as they relate to environmental and social justice issues.

DEC 10

Adjust your thermostat and put on another layer. Pray for those facing the winter without sufficient heating or no power at all.

DEC 11

Explore what various religious orders are doing in response to seven goals of the Laudato Si' Action Platform and the teachings of integral ecology.

DEC 12

Advocate for a "circular economy." Ask manufacturers to consider the "end-life" of products to reduce landfills.

DEC 13

Consider alternatives to fuel-intensive business trips or vacations. Use modes of transportation with lower emissions for the coming year.

DEC 14

Consider how you treat the gift of creation and your attitude towards the most vulnerable of creation—people as well as the earth herself. Pray for insight and wisdom.

DEC 15

Read about the impact of climate change on the most vulnerable. What environmental issues are affecting communities in our area?

DEC 16

Practice sustainable fashion. Let your creative spirits be free and end your enslavement to trends on social media.

DEC 17

Participate as a conscientious citizen. Take greater interest in local politics as they relate to environmental justice issues.

DEC 18

Learn about carbon and methane gas to better understand their impact on changing climate conditions in this country and around the world.

DEC 19

Think about the journeys of the Holy Family to Bethlehem and later to Egypt. Take a walk and ponder all of the reasons compelling people to leave their homelands.

DEC 20

Walk whenever you can. Use stairs instead of elevators. Park centrally and walk to shops as you run errands. Do not let your car idle while waiting to pick up kids.

DEC 21

Understand where and how your savings are invested, especially those whose profits come from practices that harm the planet and people. Ask for alternative strategies.

DEC 22

Watch *The Letter*, a documentary film about *Laudato Si'*. Visit this site to view the film <https://theletterfilm.org/watch/>. Discuss the impact of the film with your family or friends.

DEC 23

Create a 24-month running total of your utility expenses. Track incremental improvements as you turn off lights and adjust your thermostat.

DEC 24

Consider making a year-end donation to groups that deliver on their mission to the poor for both development and sustainability.

What is the Laudato Si' Action Platform (LSAP)?

LSAP is an initiative of the Vatican, inspired by Pope Francis' encyclical letter, *Laudato Si'*. It has become a global community where you can learn firsthand what is happening around the world and be informed and encouraged to take action to care for the earth and the poor. Participants of all backgrounds, faiths, and experience levels share reflections on their lifestyles, evaluate opportunities for change, and set concrete action plans that renew the Cry of the Earth, the Cry of the Poor and the Cry of Future Generations. The LSAP platform helps households track their efforts to care for our common home via a dashboard. Enroll your household today at <https://laudatosiiactionplatform.org/register/>.